

Special Issue

Lipids and Lifestyle Diseases

Message from the Guest Editor

Dietary lipids as well as endogenous lipids are deeply involved in metabolic regulation. It is increasingly understood that the normalization of lipid metabolism can prevent or improve obesity and various metabolic diseases. In understanding the functions of lipids, it is important to clarify their metabolic changes and interactions with biological molecules, and preliminarily, information obtained through comprehensive analysis by metabolomics and lipidomics can also contribute greatly to future research progress.

This Special Issue of *Nutrients* entitled “Lipids and Lifestyle Diseases” welcomes original research, including preliminary studies and reviews of the literature concerning this important topic.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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