

Special Issue

Lipids and Lifestyle Diseases

Message from the Guest Editor

Dietary lipids as well as endogenous lipids are deeply involved in metabolic regulation. It is increasingly understood that the normalization of lipid metabolism can prevent or improve obesity and various metabolic diseases. In understanding the functions of lipids, it is important to clarify their metabolic changes and interactions with biological molecules, and preliminarily, information obtained through comprehensive analysis by metabolomics and lipidomics can also contribute greatly to future research progress.

This Special Issue of *Nutrients* entitled “Lipids and Lifestyle Diseases” welcomes original research, including preliminary studies and reviews of the literature concerning this important topic.

Guest Editor

Prof. Dr. Masao Yamasaki

Graduate School of Agriculture, University of Miyazaki, 1-1 Gakuen
Kibanadai-Nishi, Miyazaki 889-2192, Japan

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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