

Special Issue

The Effect of Nutrition on Male Fertility

Message from the Guest Editor

The process of male fertility is intricate and multifaceted, impacted by a range of biological, environmental, and lifestyle variables. Among these, diet has become recognized as a crucial regulator of reproductive health, influencing hormone levels, spermatogenesis, and capacity for conception. Many aspects of how nutrition and certain nutrients affect male fertility are still poorly understood, despite increased interest in this topic. In light of this, I am pleased to serve as a for this Special Issue which seeks to gather cutting-edge research and reviews that delve into this crucial topic. We aim to provide a platform for high-quality studies exploring the molecular mechanisms, clinical interventions, and public health implications of nutrition on male reproductive outcomes.

I invite you to contribute to this Special Issue with your groundbreaking work and join us in advancing the scientific understanding of the nutritional factors that influence male fertility. By sharing your expertise, we can collectively enhance the field and inspire new directions for future research.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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