

Special Issue

Nutrition and Health Outcomes in Older People Eligible for Rehabilitation

Message from the Guest Editor

Nutrition is an important factor affecting functional prognoses and health outcomes in rehabilitation intervention in older people, but its contribution has not been fully elucidated. While the effects of nutrition are diverse, so are the causes of nutritional disorders; in particular, in older people, nutritional disorders are often caused by sensory, cognitive, mental, and social vulnerabilities. Nutritional measures for older people, therefore, need to be implemented comprehensively through collaboration between multiple professions, but an effective system for doing so is unclear. As described above, many issues remain, and we hope that this Special Issue will provide clues to solving them. This Special Issue focuses specifically on the role of nutrition in improving functional recovery and health status in older adults during rehabilitation or when rehabilitation is needed.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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