

## Special Issue

# Nutritional Nursing and Rehabilitation in Hospital and Long-Term Care Settings

### Message from the Guest Editor

This Special Issue explores the critical intersection of clinical nutrition, nursing care, and rehabilitation strategies in hospital and long-term care settings. We welcome contributions that: Present evidence-based nutritional interventions that have demonstrated measurable improvements in patient outcomes; Highlight successful rehabilitation nutrition programs integrating dietary management with physical therapy; Examine novel technologies (e.g., AI meal monitoring and smart utensils) enhancing nutritional care; Evaluate staff training programs that improved mealtime assistance and nutritional monitoring; Showcase multidisciplinary care models bridging dietetics, nursing, and rehabilitation; Analyze policy implementations that successfully address nutritional care standards. Special consideration: Studies quantifying the clinical outcomes of nutritional interventions; Real-world case studies of implemented programs; Cost-benefit analyses of different nutritional care approaches; Innovative solutions addressing dementia-related eating challenges.

### Guest Editor

Dr. Hui Chen (Rita) Chang

School of Nursing and Midwifery, Western Sydney University, Sydney, NSW 2148, Australia

### Deadline for manuscript submissions

15 March 2026



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/si/247643](https://mdpi.com/si/247643)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)