

## Special Issue

# Nutrition and Lifestyle Interventions for Cancer Survivors

### Message from the Guest Editors

Due to improvements in early detection and treatment, there were an estimated 44.1 million cancer survivors worldwide in 2020. Adherence to a healthy lifestyle has been recommended to improve health and wellbeing and to reduce the risk of adverse health outcomes in this large and rapidly growing population. Evidence-based guidelines encourage cancer survivors to achieve and maintain a healthy lifestyle through weight management, eating a healthy diet, regular physical activity, and limiting alcohol consumption. While a cancer diagnosis can lead patients to reconsider their lifestyle behaviors, a large proportion of cancer survivors do not meet the recommendations for a healthy lifestyle. Interventions have been and continue to be designed and tested to improve one or more lifestyle behaviors in cancer survivors. For this Special Issue, we are seeking high-quality manuscripts about lifestyle interventions for cancer survivors focused on improving nutrition and/or physical activity, achieving and maintaining a healthy weight, or reducing use of alcohol.

### Guest Editors

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### Deadline for manuscript submissions

closed (12 October 2023)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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