

Special Issue

Dietary Nutrition on Gastrointestinal Health

Message from the Guest Editors

It is well established that the adoption of healthy dietary habits and novel dietary strategies could prevent diseases and maintain health. However, the adoption of other modern dietary habits has become a widening health concern, as it is strongly associated with multiple gastrointestinal diseases, the promotion of inflammation, and both structural and behavioural changes in the gut microbiome, with the majority residing in the colon. Diet has a significant influence on the composition of the human gut microbiome. Moreover, there is a growing interest in targeting the gut microbiota by employing probiotics, diet, and nutritional approaches, either to promote gastrointestinal health or as an adjunct therapy for treating gastrointestinal diseases and related disorders.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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