

Special Issue

Eating Behavior and Women's Health

Message from the Guest Editor

Nearly 25 centuries ago, Hippocrates proclaimed, "Let food be thy medicine, and medicine be thy food". In the last decade, the importance of diet and the determinants of eating behavior have been re-evaluated. In this scenario, women's health can be influenced by complex factors linked to specific conditions, such as adolescence, pregnancy, and menopause. The influence on meal times, the quantity of food consumed, food preferences, and food selection is therefore very complex in women. This Special Issue aims to compile the most recent knowledge regarding the influence of eating behavior on women's health to offer valuable insight into gender medicine.

Contributions regarding menopause management, as well as reproductive dysfunction and obstetric outcomes, are also welcome.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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