

Special Issue

Dietary Management and Nutritional Health for Age-Related Diseases

Message from the Guest Editors

Aging is a condition that loses the ability to maintain homeostasis due to dysfunction. Various factors influence the aging process, but so far, dietary management, lifestyle change and physical exercise are the only known mediators, except for genetic factors that lead to a delay or prevent age-related diseases. The purpose of this Special Issue, "Dietary Management and Nutritional Health for Age-related Diseases," is to provide cutting-edge original research and review articles regarding the diverse properties of various vitamins in disease and healthy living conditions. This Special Issue will discuss the potential role of functional foods, dietary interventions including calorie control restriction, intermittent fasting, time-restricted eating and fasting-mimicking diets, and patterns such as ketogenic, Mediterranean, DASH and MIND diets on age-associated diseases. Articles addressing metabolic syndrome, inflammation (inflammaging) and neurodegenerative diseases are encouraged. Submissions as original research articles and reviews including system reviews are welcome.

Guest Editors

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Dr. Byungyong Ahn

Dr. Xian Wu

Deadline for manuscript submissions

closed (15 June 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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