

## Special Issue

# Antioxidants, Physical Exercise and Cardiovascular Disease: Nutritional and Lifestyle Interventions

### Message from the Guest Editors

Prevention and effective management of cardiovascular disease is very important.

Emerging research has highlighted the vital role of antioxidants and physical exercise as effective interventions in combating CVDs. At the same time, physical exercise is widely recognized as a powerful intervention for promoting cardiovascular health. However, the maximum therapeutic potential of these interventions can be achieved when combined in a synergistic manner. This Special Issue seeks to explore the intersection between antioxidant supplementation and physical exercise in the context of cardiovascular disease. Topics that will be covered include the following:

Effects of antioxidants on cardiovascular health;  
Combination of antioxidants and physical exercise;  
Holistic nutritional interventions;  
Molecular and cellular aspects;  
Clinical implications and public health.

This Special Issue of *Nutrients* accepts submissions of research articles, review articles, systematic reviews and meta-analyses, as well as short communications.

### Guest Editors

Dr. Pedro Miguel Forte

Dr. Patrick Türck

Prof. Dr. Ceres Mattos Della Lucia

### Deadline for manuscript submissions

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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