

Special Issue

Nutrition and Metabolic Syndrome in Traumatic Geriatric Patients

Message from the Guest Editors

Due to increasing life expectancies and associated higher levels of physical activity, even in old age, surgeons are often required to provide adequate care, especially for geriatric patients that often have metabolic disorders and nutritional deficits, which is very important in the care of injured geriatric patients. While we know that nearly two-thirds of hospitalized patients are malnourished, it is even more important to optimally prepare patients who require surgical repair for a sustained fracture. In addition, postoperative nutrition plays an important role in the rehabilitation process. To provide a high standard of care and lower mortality risks, especially in elderly patients, it is crucial to individually address each patient's needs. As part of these preparations, the greatest attention must be paid to nutrition, especially when it comes to patients who may be suffering from metabolic syndrome. To lower overall risks for patients, a gold standard for this process should be established. For this purpose, I cordially invite all authors to submit original articles on this topic.

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Deadline for manuscript submissions

closed (30 October 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/162588

Nutrients
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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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