

Special Issue

Nutrition and Physical Activity Strategies for Cancer Survivors

Message from the Guest Editors

Cancer survivors often face long-term health challenges related to their treatment, including physical, emotional, and lifestyle impacts that can affect their overall quality of life. Addressing modifiable lifestyle factors such as nutrition and physical activity is essential for improving their health outcomes and longevity. We are pleased to invite you to contribute to the Special Issue titled "Nutrition and Physical Activity Strategies for Cancer Survivors" in *Nutrients*. This collection will delve into the role of tailored nutritional and physical activity interventions in enhancing the health and quality of life for cancer survivors, being of particular interest to the group of young cancer survivors. This Special Issue aims to gather research on a range of topics related to nutrition and physical activity strategies for cancer survivors. Submissions may include studies on the impact of specific diets or nutrients on recovery, interventions to improve fitness, and the combined effects of diet and physical activity on long-term survivorship and late effects. We look forward to receiving your valuable contributions.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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