

Special Issue

Nutrition and Physical Activity Strategies for Cancer Survivors

Message from the Guest Editors

Cancer survivors often face long-term health challenges related to their treatment, including physical, emotional, and lifestyle impacts that can affect their overall quality of life. Addressing modifiable lifestyle factors such as nutrition and physical activity is essential for improving their health outcomes and longevity. We are pleased to invite you to contribute to the Special Issue titled "Nutrition and Physical Activity Strategies for Cancer Survivors" in *Nutrients*. This collection will delve into the role of tailored nutritional and physical activity interventions in enhancing the health and quality of life for cancer survivors, being of particular interest to the group of young cancer survivors. This Special Issue aims to gather research on a range of topics related to nutrition and physical activity strategies for cancer survivors. Submissions may include studies on the impact of specific diets or nutrients on recovery, interventions to improve fitness, and the combined effects of diet and physical activity on long-term survivorship and late effects. We look forward to receiving your valuable contributions.

Guest Editors

Prof. Dr. David Jiménez-Pavón

MOVE-IT Research Group, Department of Physical Education, Faculty of Education Sciences, University of Cadiz, 11519 Cádiz, Spain

Dr. Sonia Ortega-Gómez

MOVE-IT Research Group, Department of Physical Education, Faculty of Education Sciences, University of Cadiz, 11519 Cádiz, Spain

Deadline for manuscript submissions

15 January 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/221226

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)