

Special Issue

Effect of Lifestyle and Dietary Interventions for People with Chronic Kidney Disease

Message from the Guest Editor

Chronic kidney disease is a global health problem. Suboptimal dietary patterns and low physical activity levels are important lifestyle-related elements that can contribute to negative health outcomes in individuals with chronic kidney disease (CKD). While it is unlikely that there will be one optimal lifestyle approach for people with CKD, there is an urgent need to explore components of successful lifestyle interventions and to test differing combinations of dose, intensity, duration and context to determine efficacy. Lifestyle modifications may, therefore, ultimately improve the risk factor profile and progression of this condition. This Special Issue of *Nutrients* is dedicated to highlighting the potential clinical, health system, financial and patient relevant outcomes that lifestyle modification may have in people with chronic kidney disease. We are pleased to accept both original articles and reviews on this topic.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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