

Special Issue

Dietary Patterns and Lifestyles for Maternal–Infant Health

Message from the Guest Editors

Despite significant improvements in maternal and infant health globally in recent years, the impact of dietary patterns and lifestyles on maternal–infant health still requires close attention, especially for pregnant women and infants living in low- and middle-income countries or regions. The dietary patterns and lifestyles of mothers during pregnancy not only affect their own health through metabolism, but also have a potential impact on the health of their fetuses. This Special Issue will focus on the impact of dietary patterns and lifestyles on maternal–infant health, gathering and showcasing the latest reviews and original articles, and seeking strategies to promote health during pregnancy and early infant development. Research areas may include, but are not limited to, the following: the importance of dietary patterns during pregnancy; the impact of specific nutrients on maternal health and fetal development; the role of lifestyle factors in maternal and infant health; improvements in pregnancy complications through dietary patterns.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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