

Special Issue

Nutritional Interventions and Public Health Insights in the Korean Population

Message from the Guest Editor

This Special Issue, titled “Nutritional Interventions and Public Health Insights in the Korean Population”, aims to advance the understanding of nutritional strategies that enhance public health within the Korean population. While the Korean National Health and Nutrition Examination Survey (KNHANES) offers valuable population-based data, this issue seeks to embrace a wider array of research methodologies. We welcome papers employing cohort studies, randomized controlled trials, metabolic trials, and community-based participatory research. These approaches can provide deeper insights into dietary patterns, trends in nutritional status, and health outcomes specific to Korea. Research that examines the impact of nutritional interventions on chronic disease prevention, the development of culturally tailored dietary guidelines, and the assessment of public health nutrition policies is highly encouraged. By incorporating diverse research methods, we aim to highlight the complexity of nutritional issues and the importance of evidence-based strategies for improving public health.

Guest Editor

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Deadline for manuscript submissions

25 December 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/243224

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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