

Special Issue

Editorial Board Members' Collection Series: Interventions Addressing Risk Factors Contributing to Cardiometabolic Diseases among the Elderly

Message from the Guest Editors

Population ageing has considerable societal and economic implications and the balance between the challenges and opportunities associated with population ageing largely depends on whether people age in good or poor health. Non-communicable diseases (NCDs) are the leading cause of global mortality and are also responsible for the overwhelming burden of disease in the elderly. Despite the importance of prevention and management of CMDs to improve elderly health, current approaches to their control seem to be less successful in developing countries. The aim of this Special Edition is to identify successful interventions/ strategies that have been implemented to address CMD risk factors among the elderly. Strategies, technologies or tools that can assist in positively impact on modifiable lifestyle behaviors are of special interest. We encourage all researchers working in relevant fields to submit original research papers, reviews, systematic reviews, and meta-analyses to this Special Edition with the aim of broadening human knowledge on this challenge.

Guest Editors

Dr. Wilna Oldewage-Theron

1. Department of Nutritional Sciences, Texas Tech University, Lubbock, TX 79409, USA

2. Department of Sustainable Food Systems and Development, University of the Free State, Bloemfontein 9300, South Africa

Dr. Tomasz Kostka

Department of Geriatrics, Healthy Ageing Research Centre, Medical University of Lodz, 92-115 Lodz, Poland

Deadline for manuscript submissions

closed (15 July 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/163828

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)