

## Special Issue

# Nutrition Guidelines for Bariatric Surgery Patients

### Message from the Guest Editors

We are pleased to invite you to submit manuscripts for a new Special Issue of the journal *Nutrients* entitled “Nutrition Guidelines for Bariatric Surgery Patients”. Surgical treatment is now considered the most effective treatment for obesity. However, without proper dietary management, it does not achieve the expected results. Improper dietary management causes complications, such as severe nutritional deficiencies and intolerances, which in turn can promote a poor nutritional status and its consequences (decreased immunity, impaired wound healing and decreased basal metabolism). With the increasing prevalence of obesity, the number of people undergoing this form of treatment is steadily increasing, so it is necessary to clarify dietary and postoperative supplementation recommendations, considering special groups of patients, including children and adolescents, pregnant and lactating women and patients before and after organ transplantation. We encourage the submission of both review papers and original research articles.

### Guest Editors

Prof. Dr. Dorota Szostak-Węgierek  
Prof. Dr. Wojciech Lisik  
Dr. Iwona Boniecka

### Deadline for manuscript submissions

closed (5 August 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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