

Special Issue

The Effect of Dietary Interventions and Physical Activity on Diabetes, Overweight and Obesity

Message from the Guest Editors

We kindly invite you to submit papers in the field of metabolic disease such as diabetes and/or overweight/obesity, with a particular focus on lifestyle interventions. In this Special Issue, we hope to investigate how to support and treat people with diabetes and/or overweight/obesity with physical activity, exercise, and specific dietary interventions. Our interest also lies in how these might need to be adapted when physical activity, exercise and/or dietary interventions are incorporated in the daily life of people with metabolic diseases. We look forward to receiving your manuscripts.



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Nutrients

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Deadline for manuscript submissions

closed (25 April 2024)





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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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