

Special Issue

The Effect of Dietary Interventions and Physical Activity on Diabetes, Overweight and Obesity

Message from the Guest Editors

We kindly invite you to submit papers in the field of metabolic disease such as diabetes and/or overweight/obesity, with a particular focus on lifestyle interventions. In this Special Issue, we hope to investigate how to support and treat people with diabetes and/or overweight/obesity with physical activity, exercise, and specific dietary interventions. Our interest also lies in how these might need to be adapted when physical activity, exercise and/or dietary interventions are incorporated in the daily life of people with metabolic diseases. We look forward to receiving your manuscripts.

Guest Editors

Dr. Othmar Moser

Center of Sports Medicine & Sports Orthopedics, University Outpatient Clinic, University of Potsdam, Am Neuen Palais 12, 14469 Potsdam, Germany

Dr. Harald Sourij

Interdisciplinary Metabolic Medicine Trials Unit, Division of Endocrinology and Diabetology, Medical University of Graz, 8010 Graz, Austria

Deadline for manuscript submissions

closed (25 April 2024)



Nutrients

an Open Access Journal
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Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/167650

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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