

Special Issue

Exploring the Role of Fatty Acids in Chronic Disease Development

Message from the Guest Editor

A balanced diet and exercise have been proposed to prevent and improve several chronic diseases such as cancer, neurologic diseases, and cardiovascular diseases. Furthermore, a high intake of fats is commonly related to an increase in the levels of obesity in developed countries. That said, the health properties of oils have been described in recent decades, showing many different properties, this depending on the type of fatty acid in question. Because of this fact, many questions concerning the kind of fatty acid consumption and its impact on health remain open. Therefore, further research is required to provide evidence on the association between fatty acid consumption or treatment and chronic disease development. In this Special Issue of *Nutrients*, we would like to bring together papers dealing with the topic of the effect of fatty acid intake or treatment on chronic disease prevention. Potential topics may include, but are not limited to, the associations between macronutrient and micronutrient intake, dietary patterns, cancer, cardiovascular disease, neurological health, obesity, high blood pressure, and chronic inflammation, among others.

Guest Editor

Dr. Cristina Sanchez-Quesada

Department of Health Sciences, Center for Advanced Studies in Olive Grove and Olive Oils, University of Jaén, 23071 Jaén, Spain

Deadline for manuscript submissions

20 August 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/229157

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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