

Special Issue

Associations Between Diet and Chronic Disease: Creating Supportive Environments for Healthy Behaviors

Message from the Guest Editor

Chronic diseases remain a major public health challenge, demonstrating an increasing burden globally. Of the major modifiable risk factors, unhealthy diets contribute the most to the burden of chronic diseases, such as cardiovascular disease, type 2 diabetes, and even some cancers. Eating behavior is the result of complex interactions between the individual and environmental factors. This Special Issue will focus on an 'upstream' approach to improving eating behavior through environmental changes. We welcome original research or review articles that explore interventions aiming to improve diets through the promotion of healthy food environments. We invite articles that focus on the following:

- Food access: Improving access to healthier food and beverage options through strategies that improve the availability and affordability of healthier options. Examples include applying nutrition standards and incentive programs in different settings, such as worksites, schools, and the community.
- Food promotion: Promoting healthier food items through behavioral design strategies, such as signage and food labeling.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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