

## Special Issue

# Diets in the Care of People with Obesity

### Message from the Guest Editor

“Diets in the Care of People with Obesity” aims to explore the current knowledge and practices of dietary design and counselling as key components of care for people living with obesity, considering their special individual needs. There are now over one billion people living with obesity worldwide. Both prevention policies and individualised care are essential to address this epidemic. Treatment of obesity requires multi-pronged strategies, which may include drugs or surgery, as well as lifestyle interventions. Lifestyle interventions, including the design and personalization of diets, are unevenly provided, and health systems often struggle to meet the needs of individual patients. This Special Issue will analyse the role of dietary design and counselling within current obesity treatment protocols in children and adults. It will also examine existing health system capacities and resources, and discuss the potential role of public and private operators in supporting healthy lifestyle choices. We welcome submissions including reviews, clinical studies, and other original research that can inform better dietary strategies and quality of care for people living with obesity.

### Guest Editor

Prof. Dr. Francesco Branca

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### Deadline for manuscript submissions

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## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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