

Special Issue

Clinical Nutrition in the Management of Irritable Bowel Syndrome

Message from the Guest Editor

Irritable Bowel Syndrome (IBS) represents the most common functional disorder of the gastrointestinal tract characterized by chronic or recurrent abdominal pain associated with altered bowel habits. The differential diagnosis of IBS is very broad and includes celiac disease, multiple food intolerances, food allergies, colorectal cancer, neuroendocrine tumor, inflammatory bowel disease, ischemic colitis, pancreatic insufficiency, small intestinal bacterial overgrowth, psychiatric disorders and others. The management of IBS is multifaceted including general measures, pharmacological therapy, diet (FODMAP-low diet), microbiota-modulating therapy (pre- pro- and synbiotics, fecal microbiota therapy) and complementary alternative therapies. This issue is focused on the new developments in the diagnosis and treatment of IBS and the role of nutritional management in the treatment of this disease. Prof. Dr. Peter C. Konturek

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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