

## Special Issue

# Diabetes Mellitus and Nutritional Supplements

### Message from the Guest Editors

Medical nutritional therapy is fundamental in preventing or managing existing diabetes and preventing or slowing its complications. However, little clinical evidence for using nutritional supplements (e.g., vitamins and minerals) to reduce or control diabetes. Diabetes mellitus may finally lead to a cascade of complications.

This Special Issue examines the efficacy and possibility of select dietary supplements (i.e., proteins, branched-chain amino acids, creatine, vitamin D, and vitamin B12) for managing T2D and its complications. These nutritional supplements appear to show promise for individuals with T2D, but further research, especially long-term RCTs, is needed before consensus on the efficacy of these select supplements for individuals with T2D can be achieved for any intervention used in clinical practice, which can positively impact patient outcomes and reduce health care utilization. All these topics are potential objectives of our Special Issue, “Diabetes Mellitus and Nutritional Supplements”, in which we cordially invite all of you, clinicians and researchers, to submit your scientific work, either as original or review articles.

### Guest Editors

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### Deadline for manuscript submissions

closed (15 April 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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