

## Special Issue

# Impact of Different Nutritional, Supplementation and Physical Activity Strategies on Patients with Inflammatory Bowel Disease—Second Edition

### Message from the Guest Editors

We are pleased to announce the Special Issue titled "Impact of Different Nutritional, Supplementation and Physical Activity Strategies on Patients with Inflammatory Bowel Disease—Second Edition". The primary objective of this Special Issue is to explore how different nutritional, supplementation, and physical activity approaches, solely or in combination, can contribute to the prevention, remission, treatment, and the even exacerbation of IBD among patients. It is noteworthy that many patients currently adopt a range of nutrition, supplement, and physical activity plans without a comprehensive understanding of the potential impact on their condition. Consequently, there is a discernible exacerbation of disease symptoms, significantly affecting the overall quality of life for these individuals. We extend an invitation to researchers and experts in the field to contribute their valuable insights to this crucial scientific topic. By shedding light on the intricate relationship between nutrition, supplementation, and physical activity, we can offer much-needed guidance and support to patients striving to manage their condition effectively.

### Guest Editors

Dr. Konstantinos Papadimitriou  
Dr. Sousana Papadopoulou  
Dr. Constantinos Giaginis

### Deadline for manuscript submissions

closed (15 August 2024)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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