

Special Issue

Nutrition Interventions and Their Impact on Brain Health and Disease

Message from the Guest Editors

There is increased evidence that specific nutrition interventions have the potential to lead to improvements in a variety of nervous system conditions that are associated with altered brain function. Therefore, there is a need to increase our understanding of the impact of specific dietary modifications on brain structure and activity within the context of health and neurological disease. The scope of this Special Issue on 'Nutrition Interventions and Their Impact on Brain Health and Disease' is to address this need and to share with the scientific community insights into the objective changes that nutrition and specific dietary factors can trigger in the brain. It is hoped that an improved understanding of these aspects will enhance the acceptance and use of specific nutrition interventions as valuable components of an integrated therapeutic approach in neurology. We invite investigators to contribute original clinical or experimental research articles as well as review articles on this topic.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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