

## Special Issue

# Impact of Eating Disorders and Obesity on Quality of Life and Mental Health

### Message from the Guest Editor

Eating disorders and obesity are health conditions that affect the general population regardless of social class or educational background. They are mostly prevalent in early adolescence and early adulthood and have serious consequences for individual, relational, and social functioning. Although seemingly independent, the two conditions often interact and affect the individual's quality of life and their physical and health statuses. The longer the duration of the disorder and/or disease, the greater the severity of the condition and the poorer the mental state of the affected individual. In this Special Issue, we aim to highlight aspects relevant to eating disorders and obesity, such as quality of life, complications of mental and somatic states, sleep disturbance, and the impact of the disorder's and/or disease's duration on the clinical presentation and possible approaches to mitigate its effects. We are interested in holistic, multidisciplinary contributions with a transdiagnostic perspective and the interactions between eating disorders and obesity.

### Guest Editor

Prof. Dr. Fernando Fernandez-Aranda

1. Clinical Psychology Department, University Hospital of Bellvitge, 08907 Barcelona, Spain
2. Department of Clinical Sciences, School of Medicine and Health Sciences, University of Barcelona, 08007 Barcelona, Spain

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## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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