

Special Issue

Impact of Eating Disorders and Obesity on Quality of Life and Mental Health

Message from the Guest Editor

Eating disorders and obesity are health conditions that affect the general population regardless of social class or educational background. They are mostly prevalent in early adolescence and early adulthood and have serious consequences for individual, relational, and social functioning. Although seemingly independent, the two conditions often interact and affect the individual's quality of life and their physical and health statuses. The longer the duration of the disorder and/or disease, the greater the severity of the condition and the poorer the mental state of the affected individual. In this Special Issue, we aim to highlight aspects relevant to eating disorders and obesity, such as quality of life, complications of mental and somatic states, sleep disturbance, and the impact of the disorder's and/or disease's duration on the clinical presentation and possible approaches to mitigate its effects. We are interested in holistic, multidisciplinary contributions with a transdiagnostic perspective and the interactions between eating disorders and obesity.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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