

Special Issue

Advancing Nutrition Equity: Strategies for Health, Well-Being, Policy, and Food System Justice

Message from the Guest Editors

This Special Issue invites submissions that explore innovative nutrition strategies designed to promote health, well-being, and equity through systemic, sustainable, and culturally responsive approaches. We particularly welcome interdisciplinary research that bridges science, practice, and policy to address both individual-level nutrition outcomes and broader structural determinants of health. Areas of interest include (but are not limited to) the following:

- Nutrition interventions targeting food insecurity, malnutrition, and chronic disease;
- Food system justice, sustainability, and sovereignty;
- Policy, governance, and cross-sector strategies to improve nutrition equity;
- Community-based and culturally tailored nutrition programs;
- Integration of traditional, Indigenous, and ancestral food knowledge;
- Precision nutrition and digital health tools for behavior change;
- Mental health and nutrition, especially in youth and vulnerable populations;
- Global and urban nutritional transitions linked to migration and modernization.

Guest Editors

Dr. Fatheema Begum Subhan

Department of Nutrition and Food Science, California State Polytechnic University, Pomona, CA 91768, USA

Prof. Dr. Bonny Burns-Whitmore

Department of Nutrition and Food Science, Huntley College of Agriculture, California State Polytechnic University, Pomona, CA 91768, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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