

Special Issue

Novel Plant-Based Anti-inflammatory Therapy for Rheumatoid Arthritis

Message from the Guest Editor

Rheumatoid arthritis (RA) is a chronic inflammatory disorder primarily affecting the joints. Investigating novel, safer, and more efficacious therapy options is necessary due to the chronic nature of RA and its detrimental effects on patients' quality of life. Plant-based medicines offer a promising direction in the ongoing search for safer and more potent RA treatments. They are considered beneficial and appealing complementary alternatives in RA care because of their natural origin, lower risk profile, and many benefits derived from bioactive compounds. By adopting plant-based medicines, we can provide patients with comprehensive and long-lasting remedies, improving their quality of life and health results. This Special Issue aims to present the recent studies on innovative plant-based treatments for rheumatoid arthritis, emphasising the ability of plant-based bioactive compounds with anti-inflammatory properties to treat cartilage destruction caused by arthritis. Original research papers, reviews, and communications that outline current developments and potential avenues for further investigation on plant-derived treatments for rheumatoid arthritis are all welcome.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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