

Special Issue

Dietary Surveys and Nutritional Epidemiology

Message from the Guest Editors

A broad range of epidemiological methods, from questionnaires to biochemical indicators, have been used to measure diet in numerous ways, including by macronutrient and micronutrient composition, by food items/groups, by food indexes, by eating behaviours and by dietary patterns. Due to the nature and complexity of diets, no one method can estimate dietary intake without error; however, the assessment of dietary intake is integral to determining the role of diet in human health. In response, dietary surveys have been used largely in several nutritional research studies to collect information on the dietary intake of individuals or groups. Ultimately, findings from dietary surveys may contribute to establishing policies and programmes to promote healthy eating and, thereby, better health. Potential topics for this Special Issue may include the development and validation of methods and tools for characterizing dietary and nutritional factors or the association between adherence to dietary patterns, diet adequacy and nutritional adequacy, using novel dietary methods and their relationship to human health.

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Deadline for manuscript submissions

closed (31 October 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/129996

Nutrients
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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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