

## Special Issue

# The Impact of Physical Activity, Lifestyle, and Nutritional Intake on Children's Health

### Message from the Guest Editors

The impact of physical activity, lifestyle, and nutrition on children's health is a rapidly evolving area of research that holds immense potential for improving public health outcomes worldwide. We would like to encourage researchers to publish their works in the following domains.

1. Childhood obesity and related chronic diseases, such as type 2 diabetes, hypertension, and cardiovascular issues, are at historically high levels.
2. Personalized Approaches to Health.
3. The Role of Early Interventions.
4. Long-Term Impacts on Mental and Cognitive Health.
5. Environmental and Social Influences.
6. Innovations in Technology and Monitoring.

Research into the relationships between physical activity, lifestyle choices, and nutrition in children is critical for addressing the growing health challenges facing today's youth. It can lead to more effective prevention strategies, improved health interventions, and better-informed public health policies.

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### Guest Editors

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### Deadline for manuscript submissions

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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