

Special Issue

Nutritional and Metabolic Changes Affecting Adipose Tissue Biology

Message from the Guest Editors

An adequate nutritional balance is key to maintaining a healthy metabolic status. Besides obvious genetic predisposition, alterations in lifestyles affect adipose tissue biology, promoting the development of metabolic disorders. White and brown adipose tissue are recognized as key endocrine organs involved in metabolism. Some research studies have focused on the metabolic alterations in adipose tissue in obesity, but novel research deciphering their role in other processes that require metabolic adaptations is crucial to furthering new therapeutic options. This Special Issue, titled 'Nutritional and Metabolic Changes Affecting Adipose Tissue Biology', aims to provide new insight into the field from the perspective of nutrition and metabolism to promote a healthy status.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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