

## Special Issue

# The Effects of Dietary Mineral Intake on Metabolism

### Message from the Guest Editor

This Special Issue explores the intricate relationship between dietary mineral intake and metabolic regulation, integrating insights from genetics, molecular biology, and microbiome research. Central focus is placed on regulatory mechanisms, emphasizing how mineral availability influences gene expression, epigenetics, microbiome composition, and the metabolome—each closely tied to metabolic function, cellular processes, and homeostasis. Additionally, this Issue features articles presenting novel discoveries on the role of single-nucleotide polymorphisms (SNPs) in mineral transport, absorption, and requirements, providing valuable insights into the genetic variations that affect nutrient metabolism and individual dietary needs. By adopting a multidisciplinary approach, this Issue offers a comprehensive examination of how dietary minerals shape metabolic health at molecular, cellular, and systemic levels, thus advancing new perspectives on precision nutrition.

### Guest Editor

Dr. Juan P. Liuzzi

Department of Dietetics and Nutrition, Florida International University,  
Miami, FL 33199, USA

### Deadline for manuscript submissions

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## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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