

# Special Issue

## What's New in Breastfeeding

### Message from the Guest Editor

Breastfeeding is the recommended and most healthy form of infant feeding, which in many cases ensures the health and survival of children. Breastfeeding provides nutrients for healthy growth and antibodies, which help prevent many common childhood diseases. Breast milk also offers many long-term benefits, such as reducing the risk of type 2 diabetes and childhood cancers, as well as decreasing the risk of breast cancer and endometrial cancer. Our Special Issue aims to discuss all the effects of breastfeeding on the nutrition and health of mothers and children and the effects of nutrition and dietary intake on breastfeeding. Additionally, we will explore community, clinical, and policy interventions to increase breastfeeding success and look forward to the latest research innovations and findings being discussed here. We invite interested researchers to submit original research and review articles relating to this topic. Papers that combine a high academic level and practical focus are particularly welcome.

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### Guest Editor

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### Deadline for manuscript submissions

15 December 2025



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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