

Special Issue

Diet with Anti-Inflammatory and Antioxidant Properties in the Management of Autoimmune and Autoinflammatory Disease

Message from the Guest Editor

Autoimmune and autoinflammatory diseases present a modern epidemic or pandemic, with their prevalence and incidence increasing all over the world. Although intense research has focused on the etiology and pathophysiology of autoimmune and autoinflammatory diseases, etiology still eludes and remains largely unknown. However, various projects have shone light on the infectious etiology of autoimmunity. These findings show that autoimmunity may be an aberrant response to an infection. Despite the fact that the exact etiology of autoimmunity still remains unknown, research has shown that anti-inflammatory and antioxidant factors may play a beneficial role in the prevention and management of autoimmune and autoinflammatory disorders. Dietary factors have emerged as important in the prevention and management of autoimmune and autoinflammatory diseases. Moreover, it has been shown that dietary factors with antioxidant and anti-inflammatory properties may prevent flares in long-standing autoimmune and autoinflammatory disorders.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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