



Changing Times for Vitamin D and Health

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Message from the Guest Editors

Dear Colleagues,

Adequate vitamin D is essential to human health. More recently, the focus has returned to the well-accepted requirement of vitamin D for bone health, as clinical trials do not demonstrate major benefits of vitamin D supplementation for amelioration of a range of non-bone disease outcomes. However, deficits in the design of clinical trials to date – particularly that the participants have not been vitamin D deficient at baseline – mean that there is still some doubt about links between vitamin D and many health outcomes. This Special Issue will explore the most recent research and critically evaluate the evidence.

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