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Prebiotics and Probiotics

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Message from the Guest Editor

Dear Colleagues,

The purpose of this Special Issue, “Prebiotics and Probiotics”, is to focus on the importance of intestinal microbiota for human health and disease and the possibilities of influencing its composition and function with probiotics and prebiotics.

The goal of this Special Issue is to clarify that the microbiome in the maternal fetal and pediatric age unit, as well as the immediate changes that occur as new microbes are acquired postnatally play major roles in subsequent health and disease. Rapidly developing technologies for multi-omic analyses and systems biology are shifting paradigms in both scientific knowledge and clinical care.

Finally, the idea will be to provide health professionals with comprehensive, understandable and friendly readable update information on the intestinal microbiota, probiotics and prebiotics.

Dr. Flavia Indrio
Guest Editor



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Special *Issue*



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