







an Open Access Journal by MDPI

Older Individuals' Nutrition

Guest Editor:

Prof. Margot Gosney

University of Reading, Department of Food Science and Nutrition, Reading, United Kingdom

Deadline for manuscript submissions:

closed (31 December 2018)

Message from the Guest Editor

The purpose of this Special Issue "Older Individuals Nutrition" is to:

- 1. Address the sensory changes that occur with ageing which impact on nutrition
- 2. To describe the conditions that result in a reduction in oral intake due to difficulty swallowing
- 3. The edition will also deal with the role of nutrition in improving cognition and bone health. Finally, the issue will deal with both sensory changes to improve oral intake including the role of Umami and food fortification as well as advice on the practical delivery of good nutrition to frail older individuals
- 4. To understand the epidemiology of nutrition in older individuals













an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

Author Benefits

Las Palmas, Spain

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us

Nutrients Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/nutrients nutrients@mdpi.com X@Nutrients_MDPI