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Older Individuals' Nutrition

Guest Editor:

Prof. Margot Gosney

University of Reading,
Department of Food Science and
Nutrition, Reading, United
Kingdom

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Message from the Guest Editor

The purpose of this Special Issue “Older Individuals Nutrition” is to:

1. Address the sensory changes that occur with ageing which impact on nutrition
2. To describe the conditions that result in a reduction in oral intake due to difficulty swallowing
3. The edition will also deal with the role of nutrition in improving cognition and bone health. Finally, the issue will deal with both sensory changes to improve oral intake including the role of Umami and food fortification as well as advice on the practical delivery of good nutrition to frail older individuals
4. To understand the epidemiology of nutrition in older individuals



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Special *Issue*



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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