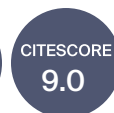




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Nutritional Approaches to Prevent Weight Regain

Guest Editor:

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Deadline for manuscript
submissions:

closed (1 September 2017)

Message from the Guest Editor

Dear Colleagues,

This Special Issue of *Nutrients*, entitled “Nutritional Approaches to Prevent Weight Regain”, welcomes the submission of manuscripts either describing original research or reviewing the scientific literature, preferably in the form of systematic reviews and meta-analyses. Manuscripts should focus on nutritional strategies to prevent weight regain in overweight and obese individuals that have lost weight, with special attention for optimization of the cardiometabolic risk factor profile. Manuscripts that address potential gender- and age-related differences and individual factors that may predict weight maintenance success are especially welcome.

Potential topics may include, but are not limited to:

- advantages and disadvantages of increasing protein intake
- advantages and disadvantages of lowering sugar intake
- differences between healthy dietary patterns

Prof. Marleen van Baak
Guest Editor



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Special Issue



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