



*nutrients*



an Open Access Journal by MDPI

## Recent Advances in Clinical Nutrition in Stroke Rehabilitation

Guest Editor:

**Dr. Yoshihiro Yoshimura**  
Center for Sarcopenia and  
Malnutrition Research,  
Kumamoto Rehabilitation  
Hospital, 760 Magate, Kikuyo-  
Town, Kikuchi-County,  
Kumamoto 869-1106, Japan

Deadline for manuscript  
submissions:  
**closed (30 November 2021)**

### Message from the Guest Editor

Dear Colleagues,

Stroke is a common cause of death and disability worldwide. Malnutrition is prevalent in stroke rehabilitation patients, and malnutrition has serious negative effects on outcomes. In addition, there is growing interest in new concepts related to malnutrition, such as sarcopenia, frailty, cachexia, chronic inflammation, dysphagia, and oral problems, all of which contribute to poor prognosis.

Therefore, it is necessary to assess nutritional status early and, if needed, provide appropriate nutritional prevention and treatment to maximize improvement in patient outcomes. In addition, multidisciplinary approach is strongly recommended in this setting. To attain these goals, high-quality clinical evidence is needed regarding clinical nutrition in stroke rehabilitation.

The aim of this Special Issue is to update knowledge on nutritional management, including dietary intervention and diet intake, in patients with stroke. All types of manuscripts, including original articles and reviews, are welcome.

Dr. Yoshihiro Yoshimura  
*Guest Editor*



[mdpi.com/si/72688](https://mdpi.com/si/72688)

**Special** *Issue*



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

## Contact Us

---

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/nutrients  
nutrients@mdpi.com  
X@Nutrients\_MDPI