



nutrients



an Open Access Journal by MDPI

Nutrition for Non-Alcoholic Fatty Liver Disease

Guest Editors:

Prof. Dr. M. Angeles Zulet

Dr. María U. Moreno Zulategui

1. Program of Cardiovascular Diseases, Centre for Applied Medical Research, University of Navarra, Pamplona, Spain
2. Department of Biochemistry and Genetics, University of Navarra, Pamplona, Spain
3. Navarra Institute for Health Research (IdiSNA), 31008 Pamplona, Spain

Deadline for manuscript submissions:

closed (15 September 2020)

Message from the Guest Editors

Dear Colleagues,

Non-alcoholic fatty liver disease (NAFLD) is becoming the major cause of liver-related morbidity. The pathogenesis is multifactorial, involving a combination of genetic, clinical, and environmental factors. The management of NAFLD is mainly focused on weight loss, but the optimal characteristics of the diet demand further investigation. The aim of this Special Issue, “Nutrition and Non-Alcoholic Fatty Liver Disease”, is to provide a literature compilation evaluating the evidence behind dietary strategies and components, including energy intake; fat, protein, and carbohydrate quantity and quality; and antioxidants and bioactive molecules, which could be a trigger to development and progression of the NAFLD and related comorbidities, such as obesity and insulin resistance, among others. Original research, systematic reviews, and meta-analyses should have a clear focus linking nutrition and NAFLD prevention, progression, treatment, and/or reversion.

Prof. M. Angeles Zulet

Prof. María J. Moreno-Aliaga

Guest Editors



mdpi.com/si/38434

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)