



nutrients



an Open Access Journal by MDPI

Nutrition, Physical Activity and Other Lifestyle Factors in Neurological Disorders

Guest Editors:

Message from the Guest Editors

Dr. Ligia J. Dominguez

Geriatric Unit, Department of
Medicine, University of Palermo,
Via del Vespro 141, 90127
Palermo, Italy

Dr. Giuseppe Salemi

Neurology and
Neurophysiopathology Unit,
Department of Biomedicine,
Neuroscience and Advanced
Diagnostics, University of
Palermo, Palermo, Italy

The aim of this Special Issue is to update knowledge on non-pharmacological factors involved in the prevention and treatment of neurological disorders including diet, physical activity, mental fitness, sleep quality, and social interaction.

Deadline for manuscript
submissions:

closed (30 June 2021)



mdpi.com/si/67827

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://x.com/Nutrients_MDPI)