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Nutrition and Non-alcoholic Fatty Liver Disease: Gene Storm

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Message from the Guest Editors

Dear Colleagues,

Recently, genome-wide association studies have made it possible to uncover the main common genetic determinants of NAFLD (Non-alcoholic fatty liver disease) pathogenesis and progression. In this context, nutrition is major key factors to prevent and manage NAFLD.

Nutritional habit modifications, in terms of overall energy balance, diet macro and micronutrients composition, and quality, have shown an important therapeutic role. Recently, the interest in nutraceutical compounds has increased, and the scientific literature reports an inverse association between the consumption of nutrients rich in antioxidants and the risk of NAFLD development and mortality. The interplay between genes and nutrients in this context seems to have a crucial role in the comprehension of the NAFLD pathological picture and may help to identify new therapeutic possibilities.

We invite clinicians and researchers to submit original articles and reviews to this Special Issue of *Nutrients* entitled “Nutrition and Non-Alcoholic Fatty Liver Disease: Gene Storm”.

We look forward to your valuable contributions.

Dr. Marcello Dallio
Prof. Dr. Carmelina Loguercio
Guest Editors



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Special Issue



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