



nutrients



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Nutrition in Chronic Conditions

Guest Editors:

Prof. Dr. Omorogieva Ojo

School of Health Sciences,
University of Greenwich, Avery
Hill Campus, London SE9 2UG,
UK

**Prof. Dr. Amanda Rodrigues
Amorim Adegboye**

Centre for Agroecology, Water
and Resilience (CAWR) & Centre
for Healthcare Research (CHR),
Coventry University, Coventry
CV8 3LG, UK

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Message from the Guest Editors

The effects of nutrition on chronic conditions, such as diabetes, cardiovascular disease, dementia, and stroke, continue to generate interest among researchers. This is based on the fact that diet is a modifiable risk factor for these diseases, which manifest either as single entities or in co-morbid states in individuals and populations around the world. The composition of the diet, the proportion and types of macronutrients, and micronutrients present in the diet are major contributors to these diseases. The evaluation of the role of nutrition in chronic conditions draws on its effect on body weight and body composition, glycaemic and insulin excursions, and vascular remodeling. The effect of the diet in modulating gut microbiota dysbiosis is also an evolving area of research.

Therefore, this Special Issue on “Nutrition and Chronic Conditions” is aimed at examining the effect of nutrition in the development, care, and management of chronic conditions. The primary conditions of interest are diabetes, cardiovascular disease, dementia, stroke, and inflammatory bowel disease.



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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