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Dietary Choline

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Message from the Guest Editor

Dear Colleagues,

The purpose of this Special Issue, “Dietary Choline” is two-fold: 1) to address the evidence about dietary intake of choline compared to the recommended daily intake of this nutrient and the genetic differences that modify the requirements for this nutrient; and 2) to focus on the role of dietary choline in human health, including effects on brain and the cardiovascular system as well as effects of choline on epigenetic marks important for normal development.

Prof. Dr. med. Steven Zeise

Guest Editor



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Special Issue



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