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## Nutrients, Bioactives and Insulin Resistance

Guest Editors:

### **Dr. Peter Zahradka**

1. Department of Food and Human Nutritional Sciences, University of Manitoba, Winnipeg, MB R3T 2N2, Canada

2. Canadian Centre for Agri-Food Research in Health and Medicine, St. Boniface Hospital Albrechtsen Research Centre, Winnipeg, MB R2H 2A6, Canada

3. Department of Physiology and Pathophysiology, University of Manitoba, Winnipeg, MB R3E 0W2, Canada

### **Dr. Carla G. Taylor**

Department of Human Nutritional Sciences, Faculty of Agriculture and Food Science, University of Manitoba, and Canadian Centre for Agri-Food Research in Health and Medicine, St. Boniface Albrechtsen Research Centre, 351 Tache Avenue, Winnipeg, MB, Canada R2H 2A6

### **Message from the Guest Editors**

Dear Colleagues,

Our understanding of insulin resistance remains limited, even though this condition is a considerable burden on human health. Diet has a major role in its onset and eventual progression to diabetes, however, at the same time, it is recognized that dietary constituents may provide a means to intervene, thus reducing the morbidity and mortality that stem from insulin resistance.

Developing new paradigms to explain the effects of diet on glucose and lipid metabolism in the context of insulin resistance could lead to novel insights regarding approaches to intervene in these processes. This Special Issue will, thus, include original research and scientific perspectives on the relationship between insulin resistance and dietary constituents that may promote or prevent progression of this condition to diabetes. Mechanistic insights defining the contribution of diet to the occurrence and management of insulin resistance will provide additional details to our understanding of the clinical implications of insulin resistance.

Dr. Peter Zahradka

Dr. Carla G. Taylor

*Guest Editors*

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# Special Issue



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1. Centro de Investigación  
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de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

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## Message from the Editorial Board

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## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
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