



Assessing the Mediterranean Diet in Public Health: Scoring Systems, Effects on Chronic Disease and Interventions

Guest Editors:

Prof. Dr. Miguel A. Martínez-González

1. University of Navarra,
Preventive Medicine & Public
Health Department, Irunlarrea 1,
31008, Pamplona, Navarra, Spain
2. Harvard University,
Department Nutrition, Harvard
TH Chan School of Public Health,
Boston, USA

Assoc. Prof. Miguel Ruiz-Canela

University of Navarra, Preventive
Medicine & Public Health
Department, Irunlarrea 1, 31008,
Pamplona, Navarra, Spain

Deadline for manuscript
submissions:

closed (30 November 2017)

Message from the Guest Editors

Dear Colleagues,

This Special Issue welcomes the submission of manuscripts describing either original research or reviewing the scientific literature. Manuscripts should focus on different alternatives to measure adherence to the Mediterranean Diet (MedDiet). How this adherence is scored using different indexes and also the association of these scores with the risk of chronic disease.

Potential topics may include, but are not limited to:

- Indexes used to score the adherence to a MedDiet-style pattern, strengths, limitations and comparability of the different scores
- Association between MedDiet indexes and the risk of cardiovascular disease, cancer and other chronic diseases.
- Evaluation of MedDiet-based interventions for the prevention of chronic diseases.
- MedDiet indexes and their relationship with indexes developed to assess other a priori healthy dietary patterns.

Guest Editors





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI