



Individualized Care for Malnourished Cancer Patients

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Message from the Guest Editors

Malnutrition is a frequent critical problem for a proportion of cancer patients. Despite the robust evidence showing an association between nutritional status and clinical outcomes, the attitude towards nutrition care varies considerably among oncologists, and a significant proportion of patients do not receive adequate nutritional support.

The recognition of the importance of nutrition in cancer rehabilitation has been suggested among the key objectives for a global core curriculum in medical oncology. However this would require increased knowledge of nutritional issues among health care professionals, which is still far from being the case. It is vital that nutritional support should be prescribed and monitored by professionals with specific skills in clinical nutrition, who should be part of the multidisciplinary teams providing early palliative care.

The purpose of this special issue is to provide health care professionals involved in cancer patients care with a comprehensive overview of the aims and current evidence about nutrition in oncology, together with updated practical recommendations on the application of nutritional therapy in cancer patients.





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