



Gluten-Free Diet

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Deadline for manuscript
submissions:

closed (15 October 2018)

Message from the Guest Editor

Dear Colleagues,

In the last few years, an increasing number of subjects have started a gluten free diet (GFD). Part of them is composed by patients affected by celiac disease (CD), who have to follow a strict GFD for medical purposes. However, a high number of subjects are, nowadays, following a GFD without medical counseling and without a specific diagnosis needing a gluten withdrawal from the diet. This is due to the frequently incorrect information diffused on the Internet and mass media on the topic of GFD. For these reasons, the research on the GFD and its clinical use and biological effects is extremely needed.

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Guest Editor





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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

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