Message from the Guest Editor

Dear Colleagues:

Topics of this Special Issue must have a clear focus on overall dietary patterns and health outcomes. Potential topics may include, but are not limited to:

* Dietary patterns and chronic diseases including obesity, diabetes, asthma, cardiovascular diseases, and mental health problems.
* Dietary patterns and mortality
* Dietary patterns and pregnancy outcomes
* Association between dietary patterns and cognition
* The mechanisms linking dietary patterns and chronic diseases

Dr. Zumin Shi
Guest Editor