



## Diet, Dyslipidemias and Metabolic Diseases

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### Message from the Guest Editor

I was recently invited by the journal *Nutrients* to coordinate a Special Issue dedicated to “Diet, Dyslipidemias, and Metabolic Diseases”.

This is a particularly hot topic at present due to the increase in morbidity, mortality, and health costs associated with these pathologies, especially when it comes to young people and in combination with the other problems they face.

In this Special Issue, I believe it would be useful to highlight the problems of early identification of nutritional errors and disorders, laboratory and genetic tests for the identification and follow-up of what must be considered a real pathology, to continue with the description and the proposal of the interventions to be implemented for the resolution of the problem. Obviously, the current situation regarding drugs available and those under experimentation is also important, and papers on this are also welcome.





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