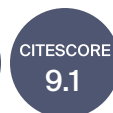




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The Effect of Diet on Cardiovascular Disease, Heart Disease and Blood Vessels

Guest Editor:

Dr. Hayato Tada

Department of Cardiovascular
and Internal Medicine, Kanazawa
University School of Medicine,
Kanazawa, Japan

Deadline for manuscript
submissions:

closed (30 November 2021)

Message from the Guest Editor

Dear Colleagues,

Appropriate lifestyle interventions, including nutrition, physical activity and exercise training, have been proposed as excellent potential candidates to prevent, slow, or even cure cardiovascular diseases. However, there are still so many open questions about the optimal intake of total energy and the distribution of macronutrients and micronutrients, and the appropriate exercise modality that is best suited or the most effective for heart diseases. In this special issue, we are accepting articles relating the effect of diet on cardiovascular disease, heart disease, and blood vessels. We request the submission of articles providing interesting data on the epidemiology, genetics, clinical trials, digestibility, bioaccessibility, metabolism, absorption, bioactivity, effect on microbiota, food matrix effect, and extreme case report relating this issue. Methodological studies of dietary and biomarker measurements in terms of their application in epidemiological studies are also welcomed. We encourage the scientific community to make significant and innovative contributions to enhance our knowledge of the effects of diet on “heart disease”.



mdpi.com/si/72979

Special Issue



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1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
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Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Message from the Editorial Board

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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